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POST TREATMENT INSTRUCTIONS FOR FACIAL AESTHETICS

- 1. Refrain from touching the treated area for 3-4 hours**
- 2. Remain upright for 3-4 hours**
- 3. No exercise on day of treatment**
- 4. No sun beds for 14 days**
- 5. No facials, chemical skin peels or laser resurfacing treatment for 7 days**
- 6. Please avoid extreme facial expressions, alcohol consumption and applying makeup for 24 hours**
- 7. Please avoid sun exposure, UV lights, freezing temperatures and saunas for 14 days**